

# 2017 Summer SWIM LESSONS SCHEDULE

**Dates:** Listed on Chart

**\*Please note that Sessions begin on Thursdays**

**Days:** Monday - Friday

**Location:** The Falls & Holmes Pool

**Fee:** \$32.00



Class size is limited to eight per class for Infants (6-24 months), Toddlers (2-4 years old), Preschool (3-5 years) at Holmes.  
Class size is limited to 12 per class for most other classes.

- Older Beginner
- Adapted Aquatics
- Intermediate Diving
- Beginning Diving
- Group 9- Admirals
- Group 8- Captains
- Group 7- Skippers
- Group 6- 1<sup>st</sup> Mate
- Group 5- Deck Hands
- Group 4- Swabbies
- Group 3- Preschool
- Group 2- Toddlers
- Group 1- Infants

Our swim lessons are designed by our staff to help promote water safety for our participants at a young age. It is our hope that participants meet with success early and often in our swim lesson programs and develop a love and respect for the water. Competitive oriented skills have been moved to the more advanced groups.

Should lessons at The Falls need to be cancelled for a day due to weather, staff will make every attempt to make them up on weekdays at the end of the third week. The Recreation Division will do everything possible to see that at least 10 lessons are held, but we cannot control the weather.

## CLASS DESCRIPTIONS –

A full description of Swim Lesson Skills and Class descriptions is available on-line at [www.cedarfalls.com/aquatics](http://www.cedarfalls.com/aquatics)



Session 1 June 8 – June 23		Sign up by Noon June 5																		
Holmes Pool	8:45-9:25am																			
Holmes Pool	9:30-10:10am																			
Holmes Pool	10:30-11:10am																			
Holmes Pool	11:15-11:55am																			
Holmes Pool	4:45-5:25pm																			
Holmes Pool	5:30-6:10pm																			
The Falls	8:45-9:25am																			
The Falls	9:30-10:10am																			
The Falls	10:15-10:55am																			
Session 2 June 28 – July 14/17		No Classes July 4 @all Pools or July 7 @The Falls Sign up by Noon June 26																		
Holmes Pool	8:45-9:25am																			
Holmes Pool	9:30-10:10am																			
Holmes Pool	10:30-11:10am																			
Holmes Pool	11:15-11:55am																			
Holmes Pool	4:45-5:25pm																			
Holmes Pool	5:30-6:10pm																			
The Falls	8:45-9:25am																			
The Falls	9:30-10:10am																			
The Falls	10:15-10:55am																			
Session 3 July 20 – August 4		Sign up by Noon July 17																		
Holmes Pool	8:45-9:25am																			
Holmes Pool	9:30-10:10am																			
Holmes Pool	10:30-11:10 am																			
Holmes Pool	11:15-11:55 am																			
Holmes Pool	4:45-5:25 pm																			
Holmes Pool	5:30-6:10 pm																			
Holmes Pool	4:30-4:55pm																			
Holmes Pool	5:00-5:25pm																			
Holmes Pool	5:30-5:55pm																			
Holmes Pool	6:00-6:25pm																			
The Falls	8:45-9:25am																			
The Falls	8:45-9:10am																			
The Falls	9:15-9:40am																			
The Falls	9:30-10:10am																			
The Falls	10:00-10:25am																			
The Falls	10:15-10:55am																			
The Falls	10:30-10:55am																			

